

Conversations About Living

The Art of Personal Leadership: Taking Charge of Your Destiny



“Control your self, and your destiny will reveal itself to you”

Dr Shyam Bhat MD

In this **Conversations About Living** event, Dr Shyam Bhat will discuss issues about personal leadership:

- How do you attain control over your mind, and your body?
- How does personal leadership help you realize your dreams?
- How do you achieve your highest potential?

When : Saturday, July 4th 2009

**Where : Indian Institute of World Culture, 6 BP Wadia Road,
Basavangudi, Bangalore**

Time : 6pm - 8 pm

Entry : Free

Conversations About Living is an initiative of **Nirvikalpa: The Center for Human Potential**, a not for profit organization devoted to the exploration and development of human potential.

Dr Shyam Bhat MD is an integrative medicine specialist and neuropsychiatrist, who integrates western medicine and psychiatry with Yoga psychology and eastern healing traditions.

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