

# Conversations About Living

## Transformational Leadership: Leading from Within

“Leading from within is effortless. Because leadership is not an external behavior, but the result of an internal transformation”

Dr Shyam Bhat MD

In this event, Dr Bhat will describe the process towards transformational leadership:

- What are your values and ideals? Where did you get them from?
- Why do you want to lead? Why do you not want to lead?
- What motivates you? What are your fears?
- What would you be without your motivations and fears?

Saturday, August 22nd 2009

Nalanda, 1st Floor, Times of India Bldg,

M.G. Road, Bangalore

6pm - 8 pm

Entry Free

Contact us for details at 93437-89970



Nirvikalpa: The Center for Human Potential, an organization devoted to the exploration and development of human potential.

[Conversations About Living](#) is an initiative of Nirvikalpa.

Dr. Shyam Bhat MD is an integrative medicine specialist and neuropsychiatrist, who integrates western medicine and psychiatry with Yoga psychology and eastern healing traditions.

[www.shyambhat.com](http://www.shyambhat.com)