

Conversations About Living

Fulfilling Relationships

“A fulfilling relationship is one that nourishes both people”

Dr Shyam Bhat MD

In this event, Dr Bhat describes the first steps towards having more fulfilling relationships:

- Why do we seek love?
- What happens in our minds as we seek love?
- What happens in the brain when you feel love?
- What happens within the body when you have more fulfilling relationships?
- What are the elements of a fulfilling relationship?
- What are the common misconceptions about love?

Saturday, September 12th 2009
Ashirwad, 30 St Marks Road Cross,

Opp. SBI, Bangalore

6pm - 8 pm

Entry Free

Contact us for details at 93437-89970



Nirvikalpa: The Center for Human Potential, an organization devoted to the exploration and development of human potential.

Conversations About Living is an initiative of Nirvikalpa.

Dr. Shyam Bhat MD is an integrative medicine specialist and neuropsychiatrist, who integrates western medicine and psychiatry with Yoga psychology and eastern healing traditions.

www.shyambhat.com